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Abstract: manuscript should include an abstract of not more than 150 words. Structured abstract typed on a separate sheet and consist of background, objective, method, results, and conclusion.

• **Keywords:** three to ten keywords should be provided on the same page as the abstract in English. As far as possible, be selected from the National Library of Medicine Medical Subject Headings.

• **Manuscript format:** It should be divided into the following parts: introduction, materials and methods, results and discussion.

• **References:** All references should be listed in consecutive numerical order by English numerical, in the order of citation in the text. Once a reference is cited all subsequent citations should be to the original number.

Examples

1. Standard Journal Article: use et al when the number of authors exceeds 3.

Halliwell B, Gutteridge JMC. Oxygen toxicity, Oxygen radicals, transition metals and disease. *Biochem J.* 1984; 219:1-14.

2. Books: Mann JI, Pyorala K, and Teuscher A. Diabetes in epidemiological perspective. London: Churchill Livingstone. 1983. p. 1-5.

3. Chapter in book: Phillips SJ, and Whisnant JP. Hypertension and stroke. In: Laragh JH, and Brenner BM. editors. Hypertension: Pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. p. 465-78.

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