

11. Rayburn W, Piehl E, Lewis E, et al. Changes in insulin therapy during pregnancy. *Am J Perinatol.* 1985; 2(4): 271-5.
12. Gunderson EP, Jacobs DR Jr, Chiang V, et al. duration of lactation and incidence of the metabolic syndrome in women of reproductive age according to gestational diabetes mellitus status: a 20-year prospective study in cardia (coronary artery risk development in young adults). *Diabetes.* 2010 Feb; 59(2): 495-504.
13. Chua S, Arulkumaran S, Lim I, et al. Influence of breastfeeding and nipple stimulation on postpartum uterine activity. *Br J Obstet Gynaecol.* 1994; 101(9): 804-5.
14. Pikwer M, Bergström U, Nilsson JA, et al. Breastfeeding, but not use of oral contraceptives, is associated with a reduced risk of rheumatoid arthritis. *Ann Rheum Dis.* 2009; 68(4): 526-30.
15. World Health Organization. (2003). Global strategy for infant and young child feeding. Geneva, Switzerland: World Health Organization and UNICEF. ISBN 92-4-156221-8. accessed on 17/12/2012 <http://whqlibdoc.who.int/publications/2003/9241562218.pdf>. Retrieved 2009-09-20
16. Flower H. Adventures in tandem nursing: breastfeeding during pregnancy and beyond. La Leche League International. ISBN 978-0-912500-97-3 accessed on 17/12/2012, 2003.
17. O'Donoghue K. Physiological changes in pregnancy. In: Baker PN, Kenny LC. *Obstetrics by ten teachers.* Chap. 3, 19th ed. London: Hodder Arnold; 2011. p. 32.
18. Catriona M. Spontaneous miscarriage. In: Edmonds K. Dewhurst's textbook of obstetrics and gynaecology, Chap. 6, 8th ed. UK: Wiley-Blackwell publishing; 2012. p.53.
19. Bennett P. Preterm labour. In: Edmonds K. Dewhurst's textbook of obstetrics and gynaecology, Chap. 28, 8th ed. UK: Wiley-Blackwell publishing, 2012. p. 338.
20. Marquis GS, Penny ME, Diaz JM, et al. Postpartum consequences of an overlap of breastfeeding and pregnancy: reduced breast milk intake and growth during early infancy. *Pediatrics.* 2002; 109(4): e56.
21. Moscone S, Moore M. breastfeeding during pregnancy. *J Hum Lact.* 1993; 9(2): 83-8.
22. McNeilly AS, Iain C. Release of oxytocin and prolactin in response to suckling. *BMJ* 1983; 286: 257-60.
23. Fuchs AR, Fuchs F, Husslein P, et al. Oxytocin receptors in the human uterus during pregnancy and parturition. *Am J Obstet Gynecol.* 1984; 150(6): 734-41.
24. Zingg HH, Grazzini E, Breton C, et al. Genomic and non-genomic mechanisms of oxytocin receptor regulation. *Adv Exp Med Biol.* 1998; 449: 287-95.
25. Grazzini E, Guillon G, Mouillac B, et al. Inhibition of oxytocin receptor function by direct binding of progesterone. *Nature.* 1998; 392(6675): 509-12.
26. Merchant K, Martorell R, Haas J. Consequences for maternal nutrition f reproductive stress across consecutive pregnancies. *Am J Clin Nutr.* 1990; 52: 616-20.
27. Madarshahian F, Hassanabadi M. A comparative study of breastfeeding during pregnancy: impact on maternal and newborn outcomes. *J Nurs Res.* 2012; 20(1): 74-80.
28. Durnin JVGA. Energy requirements of pregnancy: an integration of the longitudinal data from the five country study. *Lancet.* 1987; 2: 1113-33.

E-mail: jubranhassan@gmail.com

Received 11th Feb. 2013: Accepted 29th Sep. 2013.